

Ready for Adventure? Confront Your Fears & Test your Skills!
Come to Kolad! October 23rd-25th, 2009!
Mindflex Outbound Adventure-based
Leadership & Teamwork Training Camp
for Youth (14years and above)

The Leadership Challenge!

Explore the outdoors and learn everything about leadership and team spirit.

River crossing, Rappelling, Rock climbing, Trekking, Rafting, Campfire!

The Purpose: Build your confidence, decision making skills and interpersonal relationships. We prepare you to face challenges in your professional and personal life.

The Venue: Lush green surroundings of Kolad, at a distance of 3 hours from Mumbai by road. The location includes a lake and is surrounded by hills.

The Facilities: Rafting, Hiking, Outdoor and Indoor Games, Campfire, Yoga and Meditation. Camp Instructors and safety equipment provided for outdoor training. Comfortable Tent Accommodation, Vegetarian Meals. Transport Vehicles.

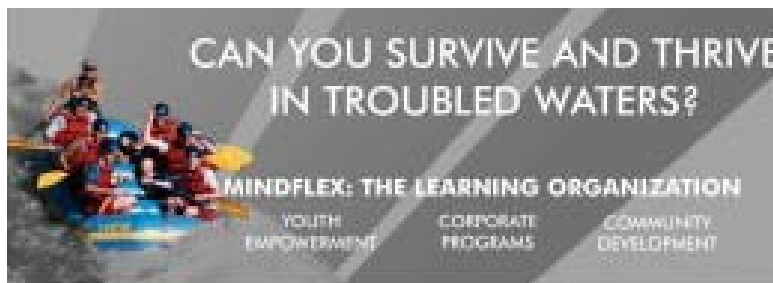
The Faculty: We employ a multi-pronged approach to develop your IQ, EQ, Physical, Social & Spiritual Quotients. Our expert training team will personally see to the safety and other requirement of participants. For faculty details, visit our website: www.mindflextraining.com

The Deal: Special invitation price of Rs. 4000/- only per head. Transport, tent accommodation, and training equipment and safety gear will be provided. Avail of Early Bird Incentive and Group Discount.



Uday Acharya

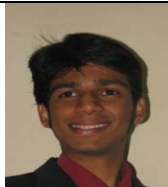
Our Expert Team:
A blend of youth and experience



River Rafting: A metaphor for leadership.



Brahmavidananda



Anupam Acharya



Bharat Jairam



The Learning Organization

A-101 Mani Bhavan, 11th Road Mumbai 400071

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Adventure

Leadership
Clarity
Courage
Consideration
Communication
Character

Challenge
Chance
Care
Choice
Change

Team Spirit
Collaboration
Cooperation
Concentration
Coordination
Co-creation

Leadership

Clarity of Vision: Anticipate consequences and plan for best case and worst case scenarios. -

Courage: Take difficult decisions and face the risk of failure and loss.

Consideration: Consider all stakeholders' interests and convince them of your best intentions.

Communication: Collaborate with others and build an effective team.

Character: Once you commit, burn your boats, there is no going back - only right through!

Team Spirit

Collaboration: Work together for a common purpose and goals

Cooperation: Help each other overcome obstacles and to achieve success

Coordination: Choreograph everyone's role seamlessly and to function as a single unit

Concentration: Focus individual attention and energies to visualize and create positive outcomes.

Co-creation: Taste the success created by you and your team – a result of positive group dynamics.

Adventure

Challenge: When the road gets tough, the tough get going. Challenge yourself to success.

Chance: Risk factors need to be accounted for and managed. However there are no guarantees.

Care: Look out for each other, look after each other, look forward to each other.

Choice: The coward thinks with his feet. The adventurer thinks with head and heart.

Change: Every experience transforms. Adventure is life changing.

Taking the plunge is not easy. You have to deal with your inner enemy - the fearful and cynical voices that pull you away from achieving your best. Courage is not the absence. It is the decision to confront your fears and press through towards your goal.

A simple mantra for dealing with fear:

* Everyone has fear.

* I willingly face my fear.

* I overcome my fear successfully.



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